Choose a number, perhaps your age. Starting from 1, connect each point to a point that is that many dots away (so, if your number is 6, you would connect 1 to 7). Keep adding your number to find the next dot to connect to. When you get to a number bigger than 36, just subtract 36 to find the next dot to connect to. You will either have overlapping figures called *polygons,* or you'll wrap around the circle multiple times eventually coming back to the dot at which you started.

Variation: Use a variety of colors for the different segments to get a rainbow effect.

See more at **www.ams.org/curve-stitching**.